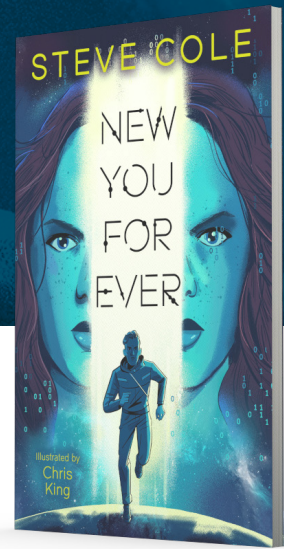


BOOK CLUB QUESTIONS FOR NEW YOU FOR EVER



New You For Ever is full of thought-provoking themes, making it perfect for book club discussion! Why not use our suggested questions below as a starting point to spark conversation with your group?

1. What do you think of the tagline for the book: 'SAVE THE WORLD BY LIVING FOR EVER.' Did you have any ideas about what this might mean before you started the story? How did it compare to the reality of Ander's world and the Pleekas?
2. Think about what life might be like as a Pleeka. Would you like not having to spend time eating, exercising, showering or sleeping? What would you do instead? Do you think those things really are 'boring,' like the New You Foundation claims, or do they feel important to you?
3. What did you think of the Pleeka news stories that Anders summarises at the beginning of Chapter 3? Did any of the stories change your opinion on the existence of Pleekas?
4. Anders mentions that his Dad grew up in the 2020s, fifty years before the story takes place. How did it make you feel to see our own time period become historical? What about the effects of climate change that Anders mentions, such as rivers and lakes drying up and humans eating crickets instead of farm animals? Why do you think the author included these details?
5. Did you like Anders as a character? Why? How would you describe him?
6. Were you surprised by any parts of the story? Did you like the way that it ended?
7. The book begins by setting the scene: 'This story takes place in the year 2070. But it could happen sooner than you think.' What do you think about this line, now that you have finished the book? Do you think our modern-day technology is at all similar to Ander's futuristic world? Can you think of any current uses for AI, or any other popular trends, that could set us on a path to creating Pleekas?
8. What questions would you like to ask the author, if you had the chance?